

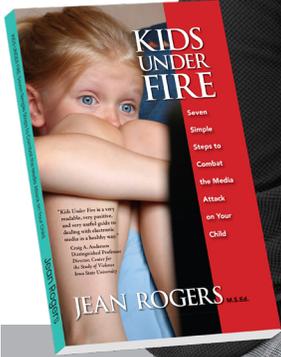
Digital Wellness leaders agree:

# “Jean Rogers is a guiding light

for parents, educators and professionals seeking tools and timeless wisdom around the impact of screens and our children.”

**Dana Tuttle, MD**

Director, Outcomes Health Information Solutions  
San Francisco, California



“JEAN HAS A KNACK for making large online audiences feel like they’re present at a community event. Warm, yet authoritative, Jean helps people feel like their time online with her is time well spent.”

**Criscillia Benford, PhD**

Professor, Researcher, and Thought Leader

“JEAN’S IMPACT AS A SPEAKER comes from her eloquence and her ability to convey knowledge and research in a form that is engaging, relatable and highly applicable. But even more than that, it is her passion for the topics she speaks on and her ability to empathize with others easily that move the audience.”

**Teodora Pavkovic**

Psychologist and International Speaker

KEYNOTES • WEBINARS • PODCASTS • WORKSHOPS • CONSULTATIONS



## SAMPLE SPEAKING TOPICS

### Family Digital Wellness Plans That Work

#### Young Children and Screens

The One Thing You Really Need to Know

#### School-Aged Kids and Screens

Parenting with Confidence

#### How to Speak with Parents About Kids and Screens

Educators/Clinicians Edition

## ABOUT JEAN

**Jean Rogers, M.Ed.** is the director of the Children’s Screen Time Action Network at Campaign for a Commercial-Free Childhood. She is the author of *Kids Under Fire: Seven Simple Steps to Combat the Media Attack on Your Child*. Jean hosts the popular webinar series *Action Network Live!* and writes a blog for the weekly e-newsletter *News You Can Use*. She is a proud member of the Digital Wellness Collective.

Jean believes that digital wellness in childhood translates to healthy, responsible, successful adults. Jean speaks to the heart of an audience, acknowledging people’s fears about children’s screen time and walking them through practical, proven methods to keep it in check, while illuminating basic child development concepts as they apply to children’s digital environments.

BOOK JEAN OR LEARN MORE

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